Using Strategic Process to Address Behavioral Health in Schools



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Explore how current strategic planning approaches used in the education field can be used to address non-academic barriers to education.

Our Goal For Ohio

Higher achievement for all students

Students receive high quality instruction aligned with academic content standards

Students have the right conditions and motivation for learning

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Strategic Planning in Education

Ohio Improvement Process

Positive Behavioral Interventions and Supports (PBIS) Comprehensive Continuous Improvement Plan (CCIP)

Approaches to Strategic Planning

Education Ohio Improvement Process	Education Positive Behavioral Interventions and Supports	Education CCIP Application	Prevention Strategic Prevention Framework	Treatment Service Plan
School-wide	School-wide and selected students	School-wide or selected students	Population or Community Intervention	Individual or Group Intervention
Stage 1: Identifying Critical Need	Tiered Fidelity Inventory; Data Review	Decision Framework	Assessment & Capacity	Intake: Bio- psychosocial Assessment
Stage 2: Developing a Focused Plan	Create PBIS Implementation Plan	Planning Tool and SMART Goals	Planning	Treatment Planning
Stage 3: Implementing and Monitoring the Focused Plan	Implementation of EBPs at Tier 1, then Tier 2 and 3	Strategies and Action Steps	Implementation & Evidence-Based Prevention Approaches	Treatment Modality & Evidence-Based Treatment Approaches
Stage 4: Evaluating the Improvement Process	Evaluation	District Goal and Monitoring	Evaluation	Evaluation
Sustainability	Sustainability	Sustainability	Sustainability	Recovery

Building the Structure

Build the structure (teams) that can carry out the improvement process.

Implementation Team Improvement Team Behavioral Supports Team PBIS Team Leadership Team

Partnership



To effectively address the holistic needs of a student, we need a holistic team.

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School and Community Partners can...

- Heighten awareness of how non-academic supports facilitate academic outcomes in classroom, school, district and community
- 2. Implement a whole child framework. Looking at the needs of the student in context with their family, school and community.
- 3. Integrate school and community system of services
- 4. Educators, students, families and communities participate in environmental strategies focused on behavioral health and violence prevention/promotion
- 5. Students showing signs of risk are efficiently identified and referred to system of services

Data Driven Decision Making

Data is collected and analyzed by school and community professionals to:

- Identify needs of the students and families
- Identify gaps in services
- Pinpoint a common agenda among school and community partners
- Determine plans, partners, programs and services

Data Driven Decision Making

What data beyond academics would we want to explore?

Planning

School and community plan developed to:

- 1. Address the needs of the whole child
- 2. Implement environmental strategies focused on behavioral health and violence prevention/promotion
- 3. Refer students showing signs of risk to appropriate community agencies

Prevention/Intervention Approaches

Public Health Approach	Who	Academic (RTI)	Behavior (PBIS)	Behavioral Health Prevention and Promotion*
Indicated/ Targeted/ Tertiary	High-risk/ Identified problems Individual attention	 1:1 Instruction Increased Time Tutoring 504 or IEP 	 FBA/BIP Individual Counseling Wraparound Services 	 Information and referral Screening and consultation
Selective/ Secondary	At-risk Small groups	Small Group Supplemental Instruction	 CICO Behavior Chart/Plan Small Group Skill Development 	 Peer support groups Education for specific groups
Universal	All settings Communities All students	Core Curriculum	 3-5 Behavior Expectations Teach Appropriate Behavior Reinforce Appropriate Behavior 	 Access policies Anti-bullying policies Good Behavior Game Life Skills training Youth-led Prevention Social Norms Media Campaigns

*Behavioral Health Treatment occurs <u>after diagnosis</u> of a mental health or drug and alcohol disorder and can include individual counseling, wraparound services, and outpatient and intensive outpatient treatment.

Implementation

Schools and community based agencies:

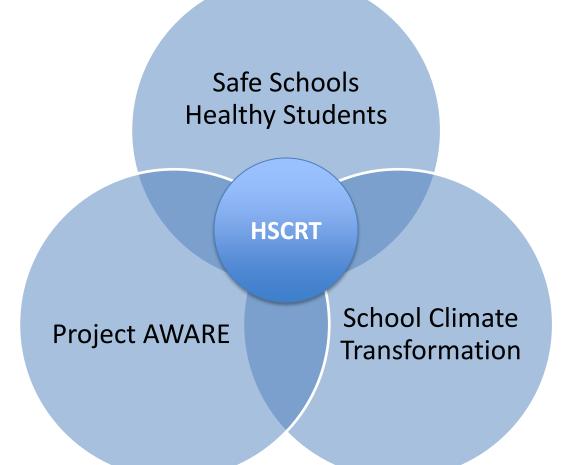
- Implement prevention strategies and interventions based on data and collaboration
- Implement mutually reinforcing prevention strategies and interventions

Evaluation and Sustainability

School and Community Partners should:

- 1. Meet regularly to monitor progress of the plan and the programs.
- 2. Progress monitoring should be an ongoing activity to ensure fidelity.
- 3. Plan to make adjustments to the plan and to sustain services and activities
- 4. Areas for evaluation and sustainability:
 - Planning
 - Partnerships
 - Programming
 - Funding
 - Initial data sets

Ohio's Healthy Schools and Communities Initiatives



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Ohio's Healthy Schools and Communities Initiatives

Safe Schools Healthy Students

- Ohio has developed a comprehensive plan representing both state-wide efforts and local efforts
- Created an integrated network of activities, programs, services, and policies to decrease youth violence and promote the healthy development of children and youth in the following areas:
 - 1. Promoting Early Childhood Social and Emotional Learning and
 - 2. Development Promoting Mental, Emotional, and Behavioral Health,
 - 3. Connecting Family, Schools, and Communities,
 - 4. Preventing Behavioral Health Problems, (including Substance Use) and
 - 5. Creating Safe and Violence-Free Schools

Project Aware

- Raising awareness of behavioral health issues among school-aged youth;
- Providing training to detect and respond to mental health challenges and crisis in children and young adults; and
- Increasing access to behavioral health supports for children, youth and families.

School Climate Grant

• Promote and sustain use of PBIS in Ohio's Schools

ODE Non-Academic Supports

- 1. School Climate Guidelines
- 2. Comprehensive System of Learning Supports
- 3. Anti-Harassment, Intimidation, and Bullying Policy
- 4. Safety and Violence Prevention Curriculum
- 5. School Safety Plans
- 6. Positive Behavioral Interventions and Supports (PBIS)
- 7. 21st Century Before and/or After-school programs

Thank you for your time.

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